



In an effort to better serve our patients with comprehensive spinal care, we offer a variety of ancillary services that allow The Spine Center to provide an even higher degree of diagnostic and treatment options to patients suffering from bone, joint, ligament, muscle, tendon and spinal conditions.

North Palm MRI: We offer in our Palm Beach Garden's location a national accredited MRI Facility with morning and evening hours from Monday through Friday. The services include imaging of neurological system-spine and brain; renal system; upper and lower extremities - including knees, shoulders and ankles; organ system; and musculoskeletal system. Our patient friendly environment ensures the patient's well being by offering board certified neuro radiologists who read and interpret your scan and MRI sedation is available upon request. Services offered are conveniently billed to all insurances, including Medicare, workman's compensation and all out-of-network health insurance plans.

Laser Therapy: We utilize the most powerful available laser therapy. Our 60-watt laser uses penetrating laser light energy to reach damaged cells and tissues. High power laser therapy provides temporary relief of minor pain, stiffness and muscle spasm, and temporarily increases local blood circulation. Research shows tissues targeted by high power laser therapy are stimulated to increase production of greater cellular energy which helps with mediation of pain, reduction of inflammation, reduced scar tissue, increased cell metabolism, improved vascular activity, and accelerated healing. Treatments are administered in 10 or 15 minutes and a patient will typically see results after one to three treatment sessions.

Digital X-Ray Suite: Our on site digital x-ray suites offer digital radiography where digital X-ray sensors are used instead of traditional photographic film. Advantages include the ability to immediately access and view the images; elimination of costly film processing steps, and the ability to apply special image processing techniques that enhance overall display of the image which aid in a proper diagnosis and treatment plan.

Electrodiagnostic (EMG) Testing: EMG Testing is typically for patients with nerve compression syndromes and other neurological problems. The testing can confirm whether there is nerve damage. Symptoms associated with necessary EMG testing include radiating or non-radiating paresthesia--- pins, needles, tingling, burning, numbness or radiating pain into the extremities. The complete testing profile is designed to evaluate different portions of the nerves of the arms and legs. The tests involve subjecting the nerves to an electrical impulse to assess how the nerves conduct signals. These evaluations help to determine whether the nerve is normal or shows signs of damage.

Custom Orthotics: Orthotics are shoe inserts that are intended to correct an abnormal or irregular walking pattern. The difference in a custom orthotic and one from the store is that its made with an impression of your foot. Orthotics are created to support the natural contour of your own feet and correct spinal misalignment or leg length discrepancy caused by scoliosis or abnormal pelvic alignment. At the orthotic fitting, our staff will make an impression of your weight bearing feet and send it to an orthotic lab. When your foot is out of line it can create stress on the skeletal structures and it has been proven that an unbalanced foot can cause problems in the cervical vertebrae. Our labs are accredited by the Prescription Foot Orthotic Laboratories Association and the Prescription Footwear Association.

Iontophoresis Steroid Patch: Iontophoresis uses a patch in which cortisone is applied. The patch is affixed securely and uniformly to the skin and a small current generator machine is attached to the electrodes. The current produced by the generator allows the medicine to penetrate deeper into the painful areas for immediate relief. This treatment can be repeated as often as necessary.

Epidural Steroid Injections: This type of injection is used to decrease pain, muscle spasms and inflammation. This treatment can be highly effective because it delivers the anti-inflammatory medication and pain relief directly to the source of the problem and allows the muscle to relax.

Don't live with back and neck pain. Call The Spine Center at 561-630-3870 to explore the best option for you. Regain your mobility and *Live Life in Motion!*

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