



THE
SPINE CENTER

A center of excellence in spinal health & total wellness

CHARLES S. THEOFILOS, M.D.

Board Certified Neurosurgeon and Founder

Technology has significantly advanced the treatment of back and neck conditions through the use of minimally invasive surgical techniques. Not only is the innovation significant, but so are the benefits to the patient. Minimally invasive surgery does not involve a long incision that disrupts muscles and soft tissues. That means a smaller scar, less pain after surgery and a faster recovery.

Dr. Charles Theofilos at The Spine Center performs a range of minimally invasive, outpatient procedures to address neck and back pain. Specialties include kyphoplasty, lumbar stenosis, intradiscal decompression, laminotomies and foraminotomies. He can also treat lumbar disc issues, such as a herniated disc, with a minimally invasive approach called laser discectomy. It involves the use of a laser to vaporize the disc material.

Dr. Theofilos also offers several options to prevent pain with a simple needle injection, rather than surgery. These include nerve block and medial branch block injections, intralaminar, transforaminal and caudal steroid injections to block nerve root pain.

To learn more about minimally invasive procedures, call The Spine Center today.