



THE SPINE CENTER

A center of excellence in spinal health & total wellness

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Board Certified Neurosurgeon and Founder

While surgery and minimally invasive procedures are often the best solution to treat back pain, Dr. Charles Theofilos at The Spine Center also believes that nutritional supplements can be used in a proactive manner to naturally minimize pain and promote a healthy back and spine. That is why he created *SpinePack*, an innovative natural herbal supplement for ultimate spinal health.

SpinePack is specifically designed to address back pain associated with normal back function, alleviate muscle spasms due to normal exertion, promote maintenance of healthy ligaments, tendons and connective tissue, all while promoting your body's normal response to inflammation.

SpinePack includes a unique blend of hand-picked natural herbs and nutrients, including Calcium, Vitamin D, Vitamin E, Perluxan, Green Tea extract (leaf), Boswellia Serrata extract, Grape Seed extract, Boron and more. Studies have shown these herbs can help reduce pain and inflammation, build strong bones, minimize risk of osteoarthritis and improve muscle strength.

SpinePack is an effective, clinically tested formula that:

- Promotes back comfort
- Supports a healthy spine
- Improves mobility
- Nurtures your back with the right nutrients
- Helps alleviate aches and strains due to over-exertion
- Helps counter the effects of aging

To learn more about *SpinePack*, call The Spine Center today.